

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Active Aging Week Highlighted in Yellow</b></p> <p>“AAW” indicates Active Aging Week event</p>	<p><b><u>CONTACT INFORMATION:</u></b></p> <p><b>Lifestyle &amp; Wellness Reservations:</b> 918-491-5245</p> <p><b>Dining Reservations: 918-491-5212</b></p> <p><b>Fitness Programs: 918-728-8128</b></p> <p><b>Warren Clinic: 918-499-4401</b></p>		<p><b>1</b></p> <p>7:30-Meditation (MWC) 10:00-Catholic Mass (MWC) 11:00-Conversational Spanish (SM) 2:30-Music &amp; Meditation with Liz Hawbaker (MWC) 3:30-Bible Study with AI (LC) 7:00-Movie: 61* (LC)</p>	<p><b>2</b></p> <p>8:30-Walking Group (CD) 10:00-Tech Table w/Blake Bolin (BR) 10:00-Catholic Holy Rosary (MWC) 10:30-Beekman 1802 Introduction (SM) 1:30-Mah Jongg (CVL) 2:00-Tech Table w/Blake Bolin (BR) **4:30-Action Station (CM) 4:30-Happy Hour: David Home (CVL) 7:00-Documentary Series: Our Great National Parks, Ep. 3 (LC)</p>	<p><b>TRIP 3</b></p> <p>9:30*-Tulsa Town Hall: David Pogue <del>10:00-Catholic Mass (MWC)</del> 1:00-Dominos (SM) 2:00-TV Series: Outlander (LC) 3:00-TV Series: The White Queen (LC) 3:30-The Reading Group: The Pugilist at Rest (CVL) 4:30*-Sunset at the Mayo &amp; Dinner</p>	<p><b>TRIP 4</b></p> <p>10:00-Ping Pong Practice (CT) 2:00-Le Cinema Matinee: The Magnificent Seven (LC) 2:00-Bunco (SM) 4:00-Catholic Mass (MWC) 6:30*-Tulsa Symphony 20th Anniversary Celebration</p>
<p><b>5</b></p> <p>10:00-Catholic Mass (MWC) **11:00-Sunday Brunch (R) 11:30-Protestant Service (MWC) 1:30-Ping Pong Practice (CT) 2:00-Mah Jongg (CVL) 2:00-Bridge (SM) 3:00-Book Club: Ordinary Grace (GRL)</p> <p>Last day to turn in Reservation Sheets &amp; Volunteer Forms</p>	<p><b>6</b></p> <p>7:30-Meditation (MWC) 3:00-Chorus Practice (CT) 4:30-Happy Hour: Mark Bruner &amp; Spencer Sutton (CVL)</p>	<p><b>TRIP 7</b></p> <p>8:30-Walking Group (CD) 9:30-Morning Bible Study (CVL) 9:30*-Reasor's 10:00*- Walmart 10:00-Catholic Holy Rosary (MWC) 10:00-Library Bookmobile (M) 2:00-Resident Cmte Mtgs: Active Lifestyle (SM), Culinary (R6) 3:00-Resident Cmte Mtg: Welcome (CM) 4:30*-LEL: Seig's Sausage Factory 7:00-Classic Cinema: She-Wolf of London (LC)</p>	<p><b>TRIP 8</b></p> <p>7:30-Meditation (MWC) 8:00*-Tallgrass Prairie Preserve &amp; Lunch 10:00-Catholic Mass (MWC) 11:00-Conversational Spanish (SM) 1:00-American Hearing Services (WC) 2:00-Food Bank Note Writing (GRL) 3:30-Bible Study with AI (LC) 7:00-AAW: TU Students Concert (CT) 7:00-Movie: Rudy (LC)</p>	<p><b>9</b></p> <p>8:30-Walking Group (CD) 9:00-AAW: Wellness Fair (CT) 10:00-Tech Table w/Blake Bolin (BR) 10:00-Catholic Communion Service (MWC) 1:00-Alzheimer's Assn. Presentation: 10 Warning Signs (CT) 1:30-Mah Jongg (CVL) 2:00-Tech Table w/Blake Bolin (BR) **4:30-Action Station (CM) 4:30-Happy Hour: Jim Tate (CVL) 7:00-Documentary Series: How The States Got Their Shapes, Eps. 1 &amp; 2 (LC)</p>	<p><b>10</b></p> <p>9:00-AAW: Senior Showdown Games (GL) <del>10:00-Catholic Mass (MWC)</del> 1:00-Dominos (SM) 2:00-Poetry Appreciation Group (GRL) 2:00-TV Series: Outlander (LC) 3:00-TV Series: The White Queen (LC)</p>	<p><b>11</b></p> <p>8:30-AAW: Monterey Walk to End Alzheimer's (GL) 10:00-Ping Pong Practice (CT) 2:00-Le Cinema Matinee: Beyond the Blackboard (LC) 2:15-Bingo! (CT) 4:00-Catholic Mass (MWC)</p>
<p><b>TRIP 12</b></p> <p>10:00-Catholic Mass (MWC) **11:00-Sunday Brunch (R) 11:30-Protestant Service (MWC) 12:00*-Tulsa PAC Broadway: The Outsiders 1:30-Ping Pong Practice (CT) 2:00-Mah Jongg (CVL) 2:00-Bridge (SM)</p>	<p><b>13</b></p> <p>7:30-Meditation (MWC) 3:00-Chorus Practice (CT) 4:30-Happy Hour: Mark Bruner &amp; Spencer Sutton (CVL)</p>	<p><b>TRIP 14</b></p> <p>8:30-Walking Group (CD) 9:30-Morning Bible Study (CVL) 9:30*-Reasor's 10:00*- Walmart 10:00-Catholic Communion Service (MWC) 12:00-Food Donations Due (CD) 12:00-Art with Ann Hill (SM) 12:30*-Food Bank Volunteer Trip 4:00-Fall Beer Tasting &amp; Snacks (CT) 4:30*-LEL: Rise Souffle Tulsa</p>	<p><b>15</b></p> <p>7:30-Meditation (MWC) 10:00-Catholic Holy Rosary (MWC) 11:00-Conversational Spanish (SM) 1:00-Visions Eyewear Clinic (WC) 2:00-Fit Bites: Pumpkin (GRL) 2:30-Music &amp; Meditation with Liz Hawbaker (MWC) 3:30-Old Hymn Sing Along (MWC) 3:30-Bible Study with AI (LC) **3:30-Wine Wednesday (CM) 5:00-Dinner &amp; A Movie: Nonnas (CT)</p>	<p><b>SIPSE Spirit Day: 16</b></p> <p>Founding Day of Disney 8:30-Walking Group (CD) 10:00-Tech Table w/Blake Bolin (BR) 10:00-Catholic Holy Rosary (MWC) 11:00-Candoo Tech Group Lesson: Android Phone Basics (LC) 11:00-Low Vision Support Group (SM) 1:30-Mah Jongg (CVL) 2:00-Tech Table w/Blake Bolin (BR) **4:30-Action Station (CM) 4:30-Happy Hour: Ron Shipman (CVL) 7:00-Documentary Series: How The States Got Their Shapes, Eps. 3 &amp; 4 (LC)</p>	<p><b>17</b></p> <p><del>10:00-Catholic Mass (MWC)</del> 11:30-Fit &amp; Fabulous: Fall Into Healthy Eating (GRL) 1:00-Dominos (SM) 2:00-TV Series: Outlander (LC) 3:00-TV Series: The White Queen (LC) 3:30-Cooking with Nancy &amp; Randy: Stainer-Style Odd Thanksgiving Dishes (CT) 3:30-The Reading Group: Greasy Lake (CVL)</p>	<p><b>18</b></p> <p>10:00-Ping Pong Practice (CT) 2:00-Le Cinema Matinee: Audrey's Children (LC) 2:00-Bunco (SM) 4:00-Catholic Mass (MWC)</p>

## SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

<b>TRIP 19</b>	<b>20</b>	<b>TRIP 21</b>	<b>22</b>	<b>TRIP 23</b>	<b>TRIP 24</b>	<b>TRIP 25</b>
<p>10:00-Catholic Mass (MWC)</p> <p><b>**11:00-Sunday Brunch (R)</b></p> <p>11:30-Protestant Service (MWC)</p> <p>1:30-Ping Pong Practice (CT)</p> <p>2:00-Mah Jongg (CVL)</p> <p>2:00-Bridge (SM)</p> <p><b>**2:30-Sunday Sundaes (LM)</b></p> <p>4:30*-Choral Evensong at St. Dunstan's Episcopal Church</p>	<p>7:30-Meditation (MWC)</p> <p><b>**2:00-Mixology Class: New Twists on Classic Cocktails (CM)</b></p> <p>3:00-Chorus Practice (CT)</p> <p>4:30-Happy Hour: Mark Bruner &amp; Spencer Sutton (CVL)</p>	<p>8:30-Walking Group (CD)</p> <p>9:30*-Reasor's 10:00*-Walmart</p> <p>10:00-Catholic Communion Service (MWC)</p> <p>12:00-Art with Ann Hill (SM)</p> <p>2:00-Montereau Town Hall (CT)</p> <p>4:30*-LEL: Napa Flats Wood-fired Kitchen</p> <p><b>**5:00-Chef's Table (R6)</b></p>	<p>7:30-Meditation (MWC)</p> <p>10:00-Catholic Mass (MWC)</p> <p>11:00-Conversational Spanish (SM)</p> <p>2:00-Food Bank Note Writing (GRL)</p> <p>3:00-Cornhole Tournament (GL)</p> <p>3:30-Bible Study with AI (LC)</p> <p>7:00-Movie: CODA (LC)</p>	<p>8:30-Walking Group (CD)</p> <p>8:35*-Tulsa Cathedral Tour &amp; Lunch</p> <p>10:00-Tech Table w/Blake Bolin (BR)</p> <p>10:00-Catholic Holy Rosary (MWC)</p> <p>1:30-Mah Jongg (CVL)</p> <p>2:00-Tech Table w/Blake Bolin (BR)</p> <p><b>**4:30-Action Station (CM)</b></p> <p>4:30-Happy Hour: OK Wildlife (CVL)</p> <p>7:00-Documentary Series: How The States Got Their Shapes, Eps. 5 &amp; 6 (LC)</p>	<p>9:30*-Fitness Walk: Washington Irving Park &amp; Lunch</p> <p><del>10:00-Catholic Mass (MWC)</del></p> <p>1:00-Dominos (SM)</p> <p>2:00-TV Series: Outlander (LC)</p> <p>3:00-TV Series: The White Queen (LC)</p> <p>5:00-Monster Mash (CT)</p>	<p>10:00-Ping Pong Practice (CT)</p> <p>2:00-Le Cinema Matinee: Saving Paradise (LC)</p> <p>2:15-Bingo! (CT)</p> <p>4:00-Catholic Mass &amp; Anointing of the Sick (MWC)</p> <p><u>TBA*-TU Football vs. Temple</u></p>

<b>26</b>	<b>27</b>	<b>TRIP 28</b>	<b>TRIP 29</b>	<b>TRIP 30</b>	<b>31</b>	
<p>10:00-Catholic Mass &amp; Anointing of the Sick (MWC)</p> <p><b>**11:00-Sunday Brunch (R)</b></p> <p>11:30-Protestant Service (MWC)</p> <p>1:30-Ping Pong Practice (CT)</p> <p>2:00-Mah Jongg (CVL)</p> <p>5:00-Potluck Dinner (GRL)</p>	<p>7:30-Meditation (MWC)</p> <p>10:00-DIY Craft: Paper Roll Pumpkin (SM)</p> <p>3:00-Chorus Practice (CT)</p> <p>4:30-Happy Hour: Mark Bruner &amp; Spencer Sutton (CVL)</p>	<p>8:30-Walking Group (CD)</p> <p>9:30*-Reasor's 10:00*-Walmart</p> <p>10:00-Catholic Mass (MWC)</p> <p>12:00-Art with Ann Hill (SM)</p> <p>12:00-Food Donations Due (CD)</p> <p>12:30*-Food Bank Volunteer Trip</p> <p>2:30-Parkinson's Support Group (BR)</p> <p><b>**2:30-Teaching Kitchen: Sweet Potatoes (CT)</b></p> <p>4:30*-LEL: The Spudder</p>	<p>7:30-Meditation (MWC)</p> <p>10:00-Catholic Mass (MWC)</p> <p>11:00-Conversational Spanish (SM)</p> <p>3:30-Bible Study with AI (LC)</p> <p>3:45*-Tulsa Bike Bar Tour</p> <p>7:00-Movie: The Last Rodeo (LC)</p>	<p>8:30-Walking Group (CD)</p> <p>9:30*-Church Studio Tour</p> <p>10:00-Tech Table w/Blake Bolin (BR)</p> <p>10:00-Catholic Mass (MWC)</p> <p>1:30-Mah Jongg (CVL)</p> <p>2:00-Tech Table w/Blake Bolin (BR)</p> <p><b>**4:30-Action Station (CM)</b></p> <p>4:30-Happy Hour: Ron Shipman (CVL)</p> <p>7:00-Documentary Series: How The States Got Their Shapes, Eps. 7 &amp; 8 (LC)</p>	<p>10:00-Catholic Mass (MWC)</p> <p>1:00-Dominos (SM)</p> <p>2:00-TV Series: Outlander (LC)</p> <p>3:00-TV Series: The White Queen (LC)</p>	

**CANCELLATION POLICY:** *Activities and dining events that involve a cost, bus transportation or limited seating require an RSVP or cancellation at least three business days in advance. Late cancellation will result in a \$10 fee plus cost of the event charged to your monthly service fee account. This policy does not include daily meal reservations. Exceptions will be made for emergency or illness.*

November 2025						
SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 30	24	25	26	27	28	29

**ACTIVITIES & EVENTS LOCATOR:**

BR Board Room	GRL Grand Riviera Lounge	R The Rotunda
CD Concierge Desk	HCC Health Center	R6 Rue 6800
CH Commons Hallway	Conference Room	SM Studio de Monet
CL Commons Library	L6 6th Floor Library	V Veranda
CM Café Mondial	LC Le Cinema	VC Villa Courtyard
CT Coterie Theater	LM Le Marche	VZ Vitality Zone
CVL City View Lounge	LP La Patisserie	WC Warren Clinic
DR Dining Rooms	M Main Entrance	WCR Wine Cellar
ES Exercise Studio	MWC Monterey Warren Chapel	* Trip
FS Fitness Studio	P The Parlour	<del>XXX</del> Event Canceled
GL Grand Lawn		** Dining Event