

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Activities and Event Locator AAbbey BBeaujolais C1Chateau 1 C2Chateau 2 VDRVilla Dining Room CTCoterie Theatre CVLCity View Lounge SMStudio de Monet LMLe Marche FQFrench Quarter LCLe Cinema MWCMonterEAU Warren Chapel VVeranda VCVilla Courtyard GRLGrand Riviera Lounge WCWellness Clinic VZVitality Zone NDNurses Desk			Color-Coded SIPSE Purple: Social Pink: Intellectual Yellow/Gold: Physical Blue: Spiritual Green: Emotional Activity will cost money: *	Questions About Activities? Please contact Christian Humphrey -Nash 918-491-5218 chnash@monterEAU.net		
		1 10:00 NO MASS 10:30 Seated Stretching & 60's Music (VDR) 11:00 Devotion (VDR) 2:00 Resident Council (FQ) 2:30 Fourth of July Celebration (A) 4:00 Room Visits	2 10:00 NO MASS 10:30 Basic Balance (VDR) 11:00 Devotion (VDR) 1:00 Chair Yoga (CT) 2:00 Fourth of July Arts & Crafts (FQ) 3:00 Water Flower Beds / Lemonade on the Patio (VC)	3 9:15 Donuts and Coffee (Coffee Bar) 10:00 Catholic Mass (MWC) 10:30 Seated Stretching & 60's Music (VDR) 11:00 Devotion (VDR) 2:00 Scenic Drive & Sweet Treat: Swirl 66* 2:30 Music with David Horne (A) 3:00 Color me calm adult coloring pages (FQ)	4 10:00 Catholic Mass (MWC) 1:00 Color me calm adult coloring pages (FQ) 2:15 No Bingo 2:30 Music with Pam and Randy (C1) 3:00 Movie (FQ) 4:00 Room Visits 4:00 Water Flower Beds (VC) INDEPENDENCE DAY	5 10:00 Card Games (VDR) 11:00 Mid-Morning Movie (FQ) 2:15 Chateau Bingo (C2) 4:00 Catholic Mass (MWC)
6 10:00 Catholic Mass (MWC) 11:00 Boston Ave Church (Ch 8) 11:30 Protestant Church Service (MWC) 2:00 Middy Movie (FQ)	7 10:30 Boost Your Basics (CT) 10:45 Lunch Outing: Oklahoma Joe's BBQ* 1:00 Chair Yoga (CT) 2:15 Bingo (FQ) 3:00 Monday Muffins (FQ) 4:00 Water Flower Beds (VC) 6:00 Movie (Villa Second Floor Common Area)	8 10:00 Catholic Mass (MWC) 10:30 Seated Stretching & 60's Music (VDR) 11:00 Devotion (VDR) 2:30 Cleo's Story: Mickey Rooney (C1) 2:00 All About MonterEAU Trivia (FQ) 3:00 Popsicles on the Patio (VC) 5:00 HC Pizza Party* (FQ)	9 10:00 Catholic Mass (MWC) 10:30 Basic Balance (VDR) 11:00 Devotion (VDR) 1:00 Chair Yoga (CT) 2:00 Summer Painting with Kyleigh (FQ) 4:30 Champagne Birthday Party (VDR) 4:45 Music with Sandy Knox (VDR)	10 10:00 Catholic Mass (MWC) 10:30 Move to Music (VDR) 11:00 Devotion (VDR) 1:00—3:00 Alzheimer's Educational Presentation: The Empowered Caregiver (CT) 2:00 Gospel/Bluegrass Music with Ron (A) 3:00 Water Flower Beds/ Watermelon on the Patio (VC)	11 10:00 Catholic Mass (MWC) 10:30 Basic Balance (VDR) 11:00 Devotion (VDR) 2:00 Cleo's Story: Mickey Rooney (VDR) 2:30 Tulsa Opera: Songs by Heart (C1) 3:15 Bingo (FQ) 4:00 Room Visits	12 10:00 Card Games (VDR) 11:00 Mid-Morning Movie (FQ) 2:15 Chateau Bingo (C2) 4:00 Catholic Mass (MWC)

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13 10:00 Catholic Mass (MWC) 11:00 Boston Ave Church (Ch 8) 11:30 Protestant Church Service (MWC) 2:00 Midday Movie (FQ)	14 7:30 Meditation (MWC) 10:30 Boost Your Basics (CT) 10:45 Lunch Outing: Smitty's Garage Burgers & Beer* 1:00 Chair Yoga (CT) 2:15 Bingo (FQ) 3:00 Villa Town Hall (FQ)	15 10:00 Catholic Mass (MWC) 10:30 Seated Stretching & 60's Music (VDR) 11:00 Devotion (VDR) 2:00 Montereyau Town Hall (CT) 2:00 Paw Pals Pet Therapy 3:00 Brain Games and word search Puzzles (FQ) 4:00 Water Flower Beds/ Sip and Chat (VC)	16 10:00 Catholic Mass (MWC) 10:30 Move to Music (VDR) 11:00 Devotion (VDR) 11:15 Music and Trivia with Liz (VDR) 1:00 Chair Yoga (CT) 2:00 Outing: Rustic Cuff* 3:00 Color me Calm adult coloring pages (FQ)	17 9:45 Cardio Drumming (CT) 10:00 Catholic Mass (MWC) 10:30 Seated Stretching & 60's Music (VDR) 11:00 Devotion (VDR) 11:30 Celebrating Independence GRL Luncheon* (GRL) 2:00 Cornhole (VC) 4:00 Water Flower Beds (VC) 6:00 Movie (Villa Second Floor Common Area)	18 10:00 Catholic Mass (MWC) 10:30 Basic Balance (VDR) 11:00 Devotion (VDR) 2:15 Bingo (FQ) 4:00 Room Visits	19 10:00 Card Games (VDR) 11:00 Mid-Morning Movie (FQ) 2:15 Chateau Bingo (C2) 4:00 Catholic Mass (MWC)
20 10:00 Catholic Mass (MWC) 11:00 Boston Ave Church (Ch 8) 11:30 Protestant Church Service (MWC) 2:00 Midday Movie (FQ)	21 7:30 Mediation (MWC) 10:30 Boost Your Basics (CT) 10:45 Lunch Outing: Nola's Creole and Cocktails* 1:00 Chair Yoga (CT) 2:15 Bingo (FQ) 6:00 Movie (Villa Second Floor Common Area)	22 10:00 Catholic Mass (MWC) 10:30 Basic Balance (VDR) 11:00 Devotion (VDR) 2:00 Confetti Balloon Ball (FQ) 3:00 Water Flower Beds/ Root Beer Floats (VC) 5:00 HC Pizza Party* (FQ)	23 10:00 Catholic Mass (MWC) 10:30 Move to Music (VDR) 11:00 Devotion (VDR) 1:00 Chair Yoga (CT) 1:45 Outing: Tulsa Air and Space Museum* 3:00 Color me Calm adult coloring pages (FQ) 4:00 Room Visits	24 10:00 Catholic Mass (MWC) 10:30—11:15 Noodle Hockey (A) 11:15 Devotion (VDR) 2:00 Movie & Theater Snacks: Nonnas (CT) 4:00 Water Flower Beds (VC)	25 10:00 Catholic Mass (MWC) 10:30 Basic Balance (VDR) 11:00 Devotion (VDR) 2:15 Bingo (FQ) 2:30 Music with Jerry Dewayne (C1) 3:15 Water Flower Beds (VC)	26 10:00 Card Games (VDR) 11:00 Mid-Morning Movie (FQ) 2:15 Chateau Bingo (C2) 4:00 Catholic Mass (MWC)
27 10:00 Catholic Mass (MWC) 11:00 Boston Ave Church (Ch 8) 11:30 Protestant Church Service (MWC) 2:00 Midday Movie (FQ)	28 7:30 Mediation (MWC) 10:30 Boost Your Basics (CT) 10:45 Lunch Outing: Uncle Paco's Mexican Grill* 1:00 Chair Yoga (CT) 2:15 Bingo (FQ) 6:00 Movie (Villa Second Floor Common Area)	29 10:00 Catholic Mass (MWC) 10:30 Basic Balance (VDR) 11:00 Devotion (VDR) 2:00 Brain Games and word search Puzzles (FQ) 3:00 Walk Around Montereyau 4:00 Water Flower Beds (VC) 5:00 HC Pizza Party* (FQ)	30 10:00 Catholic Mass (MWC) 10:30 Move to Music (VDR) 11:00 Devotion (VDR) 1:00 Chair Yoga (CT) 2:00 Rendrever Virtual Reality (FQ) 4:00 Room Visits	31 10:00 Catholic Mass (MWC) 10:30 Seated Stretching & 60's Music (VDR) 11:00 Devotion (VDR) 2:00 Parachute Ball Game (VC) 3:00 Water Flower Beds/ Mocktails on the Patio (VC)	Color-Coded SIPSE Purple: Social Pink: Intellectual Yellow/Gold: Physical Blue: Spiritual Green: Emotional Activity will cost money: *	