

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Activities and Event Locator AAbbey BBeaujolais C1Chateau 1 C2Chateau 2 VDRVilla Dining Room CTCoterie Theatre LMLe Marche’ CHCommons Hallway FQFrench Quarter LCLe Cinema MWCMontereau Warren Chapel VVilla VCVilla Courtyard GRLGrand Riviera Lounge CMCafé Mondial ACAbbey Courtyard			Color-Coded SIPSE Purple: Social Pink: Intellectual Yellow/Gold: Physical Blue: Spiritual Green: Emotional Activity will cost money: *		1 10:00 Catholic Mass 10:00 Chair Exercise 10:30 Pet Therapy with Dash 11:00 Animal Trivia 1:00 Sing A Long in2L 2:30 Music with Pam & Randy C-1 3:30 Snacks & chat 4:00 Puzzles 6:00 Movie in2L	2 10:00 Catholic Mass 11:15 Sittercise 11:30 Balloon Ball 2:00 Small Group Games 3:00 in2L One on Ones 3:30 Snack and Chat 6:00 Dominoes
3 10:30 Catholic Mass 11:00 Boston Avenue on TV 11:30 Protestant Service (MWC) 1:30 Manicures and Massages 2:30 Exercise 3:00 Bean Bag Toss 6:00 Creative Corner	4 10:00 Catholic Mass 10:00 Chair Exercise 10:45 Lunch Outing: Schlotzsky’s * 11:00 Sing A Long 1:00 Cardio Drumming with Jennifer 2:00 in2L Family Feud 3:00 Dominoes 6:00 Movie VCR	5 10:00 Catholic Mass 10:00 Seated Exercise 10:30 Tai Chi Techniques 11:00 Reminisce & Chat 1:00 Lets Get Crafty 2:00 Small Group Games 3:00 Rendevers 1:1 Virtual Reality 4:30 puzzles	6 10:00 Catholic Mass 10:00 Light N Lively 10:30 Movement & Music 1:00 Cardio Drumming with Jennifer 2:00 Board Games 3:30 Accordion Music w/ Nick 4:00 Let’s Play Pool! 6:00 Word Puzzles	7 10:00 Catholic Mass 1000 Chair Exercise 1030: Tai Chi Techniques 11:00 Summer Trivia in2L 1:30 Word Search Puzzles 2:00 Scenic Drive: Swan Lake * 3:00 Uno Cards 4:00 Exercise Bike 6:00 Game Night	8 10:00 Chair Exercise 10:30 Arm Exercises with music 11:00 Word Scramble 1:30 Shuffle Board 2:30: Tulsa Opera : Songs of the heart C-1 4:00 Water Indoor Garden 4:30 Exercise	9 10:00 Catholic Mass 10:00 Exercise 10:15 Puzzle Group 2:00 Art Therapy 3:00 Comedy Hour 4:00 in2L Games 4:30 Water Indoor Garden 6:00 Dominos
10 10:30 Catholic Mass 11:00 Boston Avenue on TV 11:30 Protestant Service (MWC) 1:30 Massages & Manicures 2:30 Parachute Game 3:00 in2L Trivia 3:30 Walking Group 4:00 White Board Games 6:00 Word Search	11 10:00 Catholic Mass 10:00 Light & Lively 10:30 Balloon Ball 10:45 Lunch Outing: Chick Salad Chick * 1:00 Cardio Drumming with Jennifer 2:00 BINGO 3:30 Karaoke	12 10:00 Catholic Mass 10:00 Seated Exercise 10:30 Tai Chi Techniques 11:00 Mind Activity 1:00 Coloring sheets, word search, drawing time 2:30 Cleo’s Story: (C1) 3:30 in2L Sing A Long 5:00 Pizza Party (FQ) *	13 10:00 Catholic Mass 10:00 Songs & Balloon Ball 10:30 David Horne Band C-1 1:00 Cardio Drumming with umming Jennifer 2:00 Lets Get Crafty 3:45 Paino Music with Sandy Knox 4:00 Let’s Play Pool! 6:00 Card Games	14 10:00 Catholic Mass 10:00 Seated Exercises 10:30 Tai Chi Techniques 11:00 Sing A Long in2L 1:00 Alzheimer’s Educational Presentation: “Advancing The Science, The Latest in Alzheimer’s & Dementia Research” 2:00 Ron Holtz– Bluegrass/ Gospel music 3:00 Abbey Birthday Celebration 4:00 Puzzles	15 10:00 Catholic Mass 10:00 Seated Exercise 10:30 Balloon Ball 11:00 Hang Man Word Game 1:00 Family Feud in2L 2:30 Bingo 4:00 Movie night 6:00 Word Search	16 10:00 Catholic Mass 11:00 Exercise 11:15 Puzzle Group 2:00 Creative Corner 3:00 in2L Trivia 3:30 Sing-A-Long 4:30 Water Indoor Garden 6:00 Movie on Prime TV

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Abbey events August 2025

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17 10:30Catholic Mass 11:00 Boston Avenue on TV 11:30 Protestant Service (MWC) 1:30 Manicures and Massages 2:30 Exercise 3:00 Bowling 4:00 Ice Cream Treats 6:00 Creative Corner	18 10:00 Catholic Mass 10:00 Light & Lively 10:45 Lunch Outing: Red Lobster * 11:15 Coffee & Chat 1:00 Cardio Drumming with Jennifer 2:00 Uno Card game 3:00 BINGO 4:30 Exercise Bike 6:00 Movie on Netflix	19 10:00 Catholic Mass 1000 Chair Exercise 10:30 Tia Chi Techniques 11:00 White Board Games 1:00 Family Feud in2L 2:15 Music with the Millers C1 3:15 Dice Game: Right, Left, Center 4:00 Movie in2L 6:00 Puzzles	20 10:00 Catholic Mass 10:00Light n Lively 10:30 Movement & Music 11:30 Coffee and Chat 1:00 Cardio Drumming with Jennifer 2:00 Outing-Will Rogers Museum * 3:30 Karaoke in2L 4:00 Let’s Play Pool!	21 10:00 Catholic Mass 10:00 Balloon Ball & 70’s Music 10:30 Tai Chi Techniques 11:30 Grand Riviera Luncheon - (GRL) Grill & Chill* 2:00 Dominoes 3:00 Rendever Virtual Reality 4:30 Exercise Bike 6:00 Movie on Prime TV	22 10:00 Catholic Mass 10:00 Exercise 10:30 Arm Exercises 11:00 Brain Enhancing Activity 1:00 Bean Bag Toss 2:00 Alphabet Games—Names 2:30 Music With Jerry De Wayne 3:30 Snack and Chat 6:00 Dominoes	23 10:00 Catholic Mass 11:00 Exercise 11:15 Puzzle Group 2:00 Saturday Matinee 3:00 Small Group Games 4:00 Comedy Hour 4:30 Water Indoor Garden 6:00 Game Night
24 10:30 Catholic Mass 11:00 Boston Avenue on TV 11:30 Protestant Service (MWC) 1:30 Manicures and Massages 2:30 Exercise 3:00 Bingo 4:00 Reminisce Trivia 6:00 Art Therapy	25 10:00 Catholic Mass 10:00 Chair Exercise 10:45 Lunch Outing: Braum’s * 11:00 Sin A Long in2L 1:00 Cardio Drumming with Jennifer 2:00 BINGO 3:00 Snacks and chat 4:30 Water Indoor Garden 6:00 Movie on Prime Video	26 10:00 Catholic Mass 10:00 Chair Exercise 10:30 Tai Chi Techniques 11:30 Reminisce & Chat 1:00 Lets Get Crafty 2:00 Music with the Pathway’s C-1 3:30 White Board Games 5:00 Pizza Party (FQ)* 6:00 Exercise Bike	27 10:00 Catholic Mass 10:00 Light n Lively 10:30 Movement & Music 11:30 Music W/ Mark 1:00 Cardio Drumming with Jennifer 2:00 Outing-Woodland Hills Mall * 4:00 Let’s Play Pool! 6:00 Puzzles	28 10:00 Catholic Mass 10:00 Songs & Balloon Ball 10:30 Tia Chi Techniques 11:30 Reminisce and Chat 2:00 Movie & Theatre Snacks: (CT) Because Of Win Dixie 3:30 Family Feud in2L 4:00 Water Indoor Garden 4:30 Exercise Bike	29 10:00 Catholic Mass 10:00 Chair Exercise 11:00 Spelling Bee 1:30 Walking group/ In door 2:00 Cooking Activity : Blueberry Muffins 3:00 in2L Sing A Long 6:00 Dominoes	30 10:00 Catholic Mass 11:00 Exercise 11:15 Puzzle Group 2:00 Saturday Matinee 3:00 Small Group Games 4:00 Comedy Hour 4:30 Water Indoor Garden 6:00 Game Night
31 10:30 Catholic Mass 11:00 Boston Avenue on TV 11:30 Protestant Service (MWC) 1:30 Manicures and Massages 2:30 Exercise 3:00 Bingo 4:00 Reminisce Trivia 6:00 Art Therapy				 Music Channels Available in Room on TV - Music Channels Start at 900		Questions About Activities? Please contact Nancy Jarzen Njarzen@montereau.net